Resistance Pattern of Pneumococcal Pneumonia to Ceftriaxone, Azithromycin and Co-Amoxiclav in Clinical Setting and Laboratory

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Abstract

Background and Objective: *Streptococcus pneumoniae* is the most common cause of acquired bacterial infections in the respiratory system. In recent years, a high incidence of pneumococcal resistance to different antibiotics has also been appeared. This study was conducted to evaluate the *in vivo* and *in vitro* resistance of pneumococcal pneumonia to ceftriaxone, azithromycin and co-amoxiclave in clinical setting and laboratory.

Material and Methods: In this single-blind clinical trial study, the participants were the patients with the diagnosis of pneumonia referred to infectious diseases clinic in Vali-e-Asr hospital of Birjand university of Medical Sciences, October 2012 - April 2014. The patients were randomly allocated to one of the three therapeutic regimes including azithromycin, ceftriaxone, and co-amoxiclave. After 48-72 hours that the infection was confirmed by paraclinical findings, the patients with pneumococcal pneumonia remained in the study and their *in vivo* and *in vitro* resistance to the above mentioned antibiotics were compared.

Results: The most *in vitro* drug resistance was to co-amoxiclave (41.5%) and the least to ceftriaxone (20.8%) (P>0.05). For *In vivo*, the most resistance was to azithromycin (47.4%) and the least one to ceftriaxone (6.7%) (p<0.05). The agreement coefficient between the laboratory antibiogram test and the clinical responses to therapeutic regimes of azithromycin, co-amoxiclave and ceftriaxone was 0.25 (p=0.26), 0.46 (p=0.02) and 0.44 (p=0.04), respectively.

Conclusion: With regard to the demographic characteristics of the patients in this study, the resistance of *Streptococcus pneumoniae* to ceftriaxone is less than that of co-amoxiclave and azithromycin in both clinical setting and laboratory.

Keywords: Drug Resistance, *Streptococcus Pneumonia*, *Azithromycin*, *Ceftriaxone*, *Co-Amoxiclave*